



# WHY DOES THE AFRICAN REGION SUPPORT THE PHASING OUT OF DENTAL AMALGAM

Presenter: Dr Christopher Kapeshi

BDS (UZ) M. Dent OMFS (MUHAS)

**President: Zambia Dental Association** 

## **Background**

- Dental amalgam is toxic to the patient and dentist
- Cavity preparation takes away so much sound tooth structure
- No capacity to dispose off amalgam and costly

### **Background Cont'd**

- Alternative materials (GIC ,Composite resins )
- Use of alternative material does not require electricity/dental chair nor sophisticated equipment complex
- Procedures can be performed even in the remote areas

## **Zambian experience**

### Zambian experience

## 2001 ministry of health in conjunction with teeth savers international:

- Robust awareness on the use of alternative to dental amalgam
- All practicing dentists/therapists were oriented in Atraumatic Restoration Technique (ART)
- A school to train school levers in ART was initiated 2001
- Program was integrated in primary health care throughout the country
- Children from the age of 6 years are targeted

### Zambian experience Cont'd

- We have been running the program for 18 years now
- The ministry of health have scaled up the procurement of alternative materials
- They have stopped procuring dental amalgam
- Dental schools have stopped using dental amalgam
- Curriculum to be changed to this effect
- Most if not all children born after 1995 are dental amalgam free

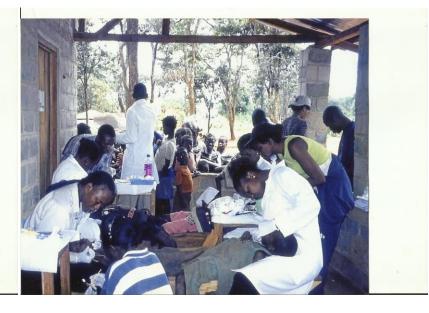
What does the African region need?

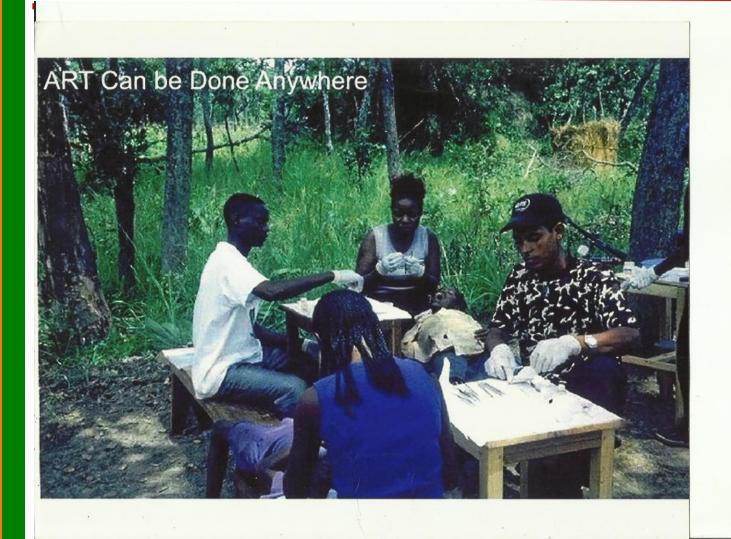
### What does the African region need?

- Leadership to drive the agenda of phasing out dental amalgam
- Political will
- Inter-ministerial collaboration including NGOs
- Meticulous planning for universal coverage
- Integrate the program in primary health care

### **Outreach in rural Zambia**







#### Conclusion

I thank you for your attention

Zambia remains committed to managing our environment and supporting the objectives and goals of the Minamata Convention on Mercury